

Mark Your Calendars!

April 2010

- Apr 18 Newsletter Deadline - *to Sofia Vuorinen please*
- Apr 25 Topic to be advised – *Lise Latremouille, USC S.L. Julianne Momirov*
- Apr 25 Lunch - *a funding raising lunch will be held for USC. In accordance with USC philosophy of promoting vibrant family farms, strong rural communities, and healthy ecosystems around the world, the ingredients for lunch, once again, will be sourced from locally grown foods. The menu will be a Potato Bar with interesting toppings followed by an apple based dessert.*

The suggested cost of lunch is \$10.00.

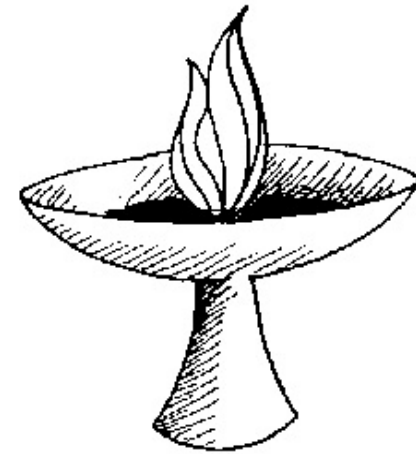
May 2010

- May 2 Who Will Defend Our Water? - *John Mayer*
- May 9 Celebrating the "T" in LGBTQ: one family's sacred journey - *Joan Wiley*
- May 16 Topic to be advised - *Matthias Toepp*
- May 23 Religion and the Enlightenment
- *David Galston S.L. Tara Kriyachanda*
- May 30 Sociology of Religion and Raging Grannies
- *Dana Sawchuk S.L. Julianne Momirov*

June 2010

- June 6 Church Picnic

Unitarian Congregation of Niagara



Kriya Yoga: Body, Mind, Heart and Soul
– *John Tonin*

April 18, 2010

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Ed Gilbert Valerie Jaeger Julianne Momirov

Order of Service
Sunday, April 18, 2010

Speaker: John Tonin
Service Leader: Valerie Jaeger
Pianist: Theresa Pothier

Prelude:

Announcements:

Opening Words: George Kimmich Beach

Everything begins on the verge of awareness.

Chalice Lighting:

Hymn: #94 *What Is This Life*

Joys and Concerns:

Choir "Meditation":

Hymn: #402 *From You I Receive*

Offertory:

"Both Sides Now" *Joni Mitchell*

Speaker: ***"Kriya Yoga: Body, Mind, Heart
and Soul"*** – John Tonin

Hymn: #301 *Touch the Earth, Reach the Sky!*

Closing Words: John C. Morgan

In the end it won't matter

Postlude *(Please be seated)*

Breathe in, breathe out:

When I breathe in, I'll breathe in peace

When I breathe out, I'll breathe out love