

Dates to Remember...

April 2018

- Apr. 27 (Fri.) Pub Night** – 6:30 - 8:30 p.m., Cat's Caboose billiards room.
This month's topic is our sixth source, *Spiritual teachings of earth-centred traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature*. All welcome, no need to register, no charge - just pay the restaurant for whatever you order.

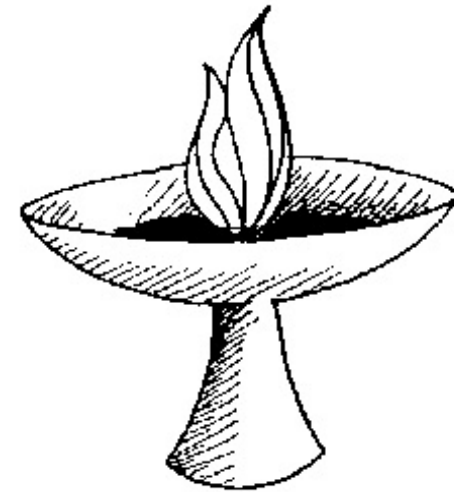
May 2018

- May 6 What Happened to the Jews of Babylon?**
– Morris Cohen
- May 13 How Our View of Ourselves is Skewed by Maps**
– Ward Kaiser
- May 17 (Thurs.) June Newsletter Submission Deadline**
– riseingcarol@gmail.com
- May 18 (Fri.) UCN Film Night 7:00 p.m.** *Loving*
- May 20 Life Changing Experiences** – Jim Glassford
- May 25 (Fri.) Pub Night** – 6:30 - 8:30 p.m., Cat's Caboose billiards room.
We will reflect on myths we find useful. All welcome, no need to register, no charge - just pay the restaurant for whatever you order.
- May 27 After the Lawsuit** – Ed Smith
- May 28 (Mon.) Book Club - Potluck Supper & Meeting 5:00 p.m.** – to be held at Karen Stovell's place in Sherkston.
Call Karen for details.

FRAGRANCE-FREE POLICY

The Unitarian Congregation of Niagara is a fragrance-free zone. Fragrance may be distressful and threaten the well-being of those around you. In order to make this a safe and welcoming environment for everyone who comes here, we ask that you refrain from wearing fragrances. Your understanding and co-operation is appreciated.

Unitarian Congregation of Niagara



Overcoming the Stigma of Mental Health Issues

– Susan Mifsud

April 29, 2018

223 Church St., St. Catharines, Ontario
www.unitarian-stcatharines.org 905-687-8433

Lay Chaplains: **905-687-8433**

laychaplainsucn@gmail.com

Doreen M. Peever Desmond Sequeira

Order of Service
Sunday, April 29, 2018

Service Leader: David Jordan
Speaker: Susan Mifsud
Musician: Theresa Pothier

Prelude

Welcome: **Responsive Reading #436**

We come to this time and this place:

To rediscover the wondrous gift of free religious community;

To renew our faith in the holiness, goodness, and beauty of life;

To reaffirm the way of the open mind and full heart;

To rekindle the flame of memory and hope; and

To reclaim the vision of an earth made fair, with all her people one.

– David C. Pohl

Story for All Ages: **Karen Stovell**

Hymn: **Spirit of Love** – Lucy Holstedt
(On the screen)

Joys and Concerns

Offering

Address: **Overcoming the Stigma of Mental Health Issues**

– Susan Mifsud

Discussion and Comments

Hymn: **#169 We Shall Overcome**

Responsive Reading: **#658 To Risk**

Extinguishing the Chalice

Announcements

Postlude: Please remain seated.

Please join us for coffee and conversation.
If you are able, please put your chair away first.