

Unitarian Congregation of Niagara



**What Makes a Good Life – Lessons from
the Longest Study Ever Done**

YouTube Speaker – Robert Waldinger

October 13, 2019

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Doreen M. Peever Desmond Sequeira

Dates to Remember...

October 2019

- Oct. 16 (Wed.) Nov. Newsletter Deadline – LesLee Turmel
Oct. 20 (Sun.) Utopia - Eva Schwartzentruber & Paul Pipher
Oct. 20 (Sun.12:30 p.m.) Discussion group - Courage
Oct. 24 (Thurs. 6:00 p.m.) UCN Pub Night -
Change of Venue to: Barrel Room at Johnny
Rocco's Italian Grill, 271 Merritt Street (at the
Stone Mill Inn) Corner of Merritt Street and
Glendale, St. Catharines. **Theme: Risk**
Oct. 27 (Sun.) Choir Rehearsal - 9:55 a.m.
Oct. 27 (Sun.) How UUs Seek Religious Truth- Jim Glassford

November 2019

- Nov. 3 (Sun.) Potluck Brunch - 9:30 a.m. See newsletter for
info.
Nov. 10 (Sun.) Choir Rehearsal and Sing - 9:55 a.m.
Nov. 15 (Fri.) UCN Film Night - 7:00 p.m. *California
Typewriter* All welcome, free admission.
Nov. 18 (Mon.) Book Club - 2:00 p.m. At home of Joan
Rothman - *Educated* by Tara Westover
Nov. 24 (Sun.) Choir Rehearsal - 9:55 a.m.



FRAGRANCE-FREE POLICY

The Unitarian Congregation of Niagara is a fragrance-free zone. Fragrance may be distressful and threaten the well-being of those around you. In order to make this a safe and welcoming environment for everyone who comes here, we ask that you refrain from wearing fragrances. Your understanding and co-operation is appreciated.

Order of Service
Sunday, October 13, 2019

Service Leader: Karen Stovell
YouTube Speaker: Robert Waldinger
Pianist: Peter Shea

Prelude

Welcome

Opening Words: **The glory of friendship is not the outstretched hand, nor the kindly smile, nor the joy of companionship; it is the spiritual inspiration that comes to one when they discover that someone believes in them and is willing to trust them with their friendship.**

Ralph Waldo Emerson

Chalice Lighting: **#449**

Joys and Concerns

Hymn: **#1010 Oh We Give Thanks**

Offering

Reading: **#468 We Need One Another**

Address: **What Makes a Good Life – Lessons from the Longest Study Ever Done**

Discussion and Comments

Hymn: **#1021 Lean On Me**

Extinguishing the Chalice: **No Man is an Island**
John Donne

Announcements

Postlude: Please remain seated for the piano selection.

Please join us for coffee, tea and refreshments. And please put your chair away if you are able.