

Dates to Remember...

September 2019

- Sept. 22 (Sun. 12:30 after service)** Theme - Based class for adults. This month's topic is *Abundance*. Contact Karen Stovell for more information and to register.
- Sept. 27 (Fri. 6:00 p.m.) UCN Pub Night** – Fresco's Restaurant, 100 Fourth Avenue at Louth St. (Ridley Heights Plaza), St. Catharines. Please note the change in venue. All welcome, just pay the restaurant for whatever you order. This month's topic is *Relationships and Connectedness*
- Sept. 28 (Sat. 5:30 p.m.) UCN Potluck Circle Dinner** - see newsletter
- Sept. 29 (Sun.) Helping Others Makes Us Happier but it Matters How We Do It** - Elizabeth Dunn
- Sept. 29 (Sun. 12:30 p.m.)** Discussion group—Concepts of Soul

October 2019

- Oct. 6 (Sun.) Ryan's Bowl** - Isabella Bujor
- Oct. 13 (Sun.) What Makes a Good Life - Lessons from the Longest Study** - Robert Waldinger
- Oct. 20 (Sun.) The Reality of Climate Change** - David Puttnam
- Oct. 27 (Sun.) How UUs Seek Religious Truth**- Jim Glassford

FRAGRANCE-FREE POLICY

The Unitarian Congregation of Niagara is a fragrance-free zone. Fragrance may be distressful and threaten the well-being of those around you. In order to make this a safe and welcoming environment for everyone who comes here, we ask that you refrain from wearing fragrances. Your understanding and co-operation is appreciated.

Unitarian Congregation of Niagara



Letting Go (a TED talk by)

– **Joshua Fields Milburn**

September 22, 2019

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Lay Chaplains: **905-687-8433**

laychaplainsucn@gmail.com

Doreen M. Peever Desmond Sequeira

Order of Service
Sunday, September 22, 2019

Service Leader: Guy Royal
Speaker: Joshua Fields Milburn
Pianist: Peter Shea

Prelude

Welcome

Lighting the Chalice

Reading from Mother Teresa

Joys and Concerns

Hymn: **#1024 Choir**

Offering

Responsive Reading: **#436 David G. Pohl**

Address: **Letting Go – a TED talk by
Joshua Fields Milburn**

Questions and Discussion

Hymn: **Congregation #134 black book**

“Our World is One World”

Announcements

Extinguish the Chalice

Next Sunday’s topic is “Helping others makes us happier – but it matters how we do it.” The service will be lead by Mary-lyn Hopper.

Postlude Please remain seated for the piano selection.

Please join us for coffee, tea and refreshments. And please put your chair away if you are able.