

Please join us for conversation and refreshments after the service. This is a good opportunity to chat with our Guest Speaker.

Have a Great Week!

Mark Your Calendars!

April 2010

- Apr 18 Kriya Yoga: Body, Mind, Heart and Soul
– John Tonin S.L. Valerie Jaeger
- Apr 18 Newsletter Deadline - *submissions to Sofia Vuorinen please, copy to solution@vaxxine.com*
- Apr 25 Topic to be advised – *Lise Latremouille, USC*
S.L. Julianne Momirov

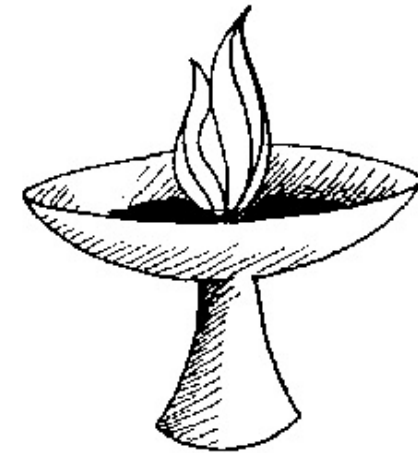
May 2010

- May 2 Who Will Defend Our Water? - *John Mayer*
- May 9 Celebrating the "T" in LGBTQ: one family's sacred journey - *Joan Wiley*
- May 16 Topic to be advised - *Matthias Toepp*
- May 23 Religion and the Enlightenment
– *David Galston* S.L. *Tara Kriyachanda*
- May 30 Sociology of Religion and Raging Grannies
– *Dana Sawchuk* S.L. *Julianne Momirov*

June 2010

- June 6 Church Picnic

Unitarian Congregation of Niagara



Preventing Cancer: Live Well, Be Aware

Charmaine Grace

April 11, 2010

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Ed Gilbert Valerie Jaeger Julianne Momirov

Order of Service
Sunday, April 11, 2010

Service Leader: Marie Belliveau
Speaker: Charmaine Grace
Pianist: Terri Pothier

Prelude: Terri Pothier

Announcements:

Welcome: Welcome to all visitors, those with familiar faces and the not so familiar faces that may be new or returning to our gathering. All of our visitors add to and brighten this assembly.

Opening Words:

Come in; come into this place which we make happy by our presence.

Come in with all your vulnerabilities and strengths, fear, anxieties, loves and hopes.

For here you need not hide, nor pretend, nor be anything other than who you are called to be.

Come into this place, where we can touch and be touched, heal and be healed, forgive and be forgiven.

Come into this place, where ordinary is sanctified, the human is celebrated, the compassionate is expected.

Come into this place. Together we make it a welcoming place.

Chalice Lighting:

As the earth provides sustenance for its creatures

As the fellowship provides a refuge for its members

So the chalice denotes the faith that is our sustenance and refuge

As the fire has drawn the ancients to their gods

As the flame soars towards the heavens

So the spirit of our congregation lights the chalice of our community together.

Joys and Concerns: This is the moment that we share our joys and concerns with each other to brighten the day or to lighten the load of sorrows for each other. Come forward to the microphone if you wish to share or just come forward and drop a stone in the water or light a candle to privately acknowledge your joy and concern.

Hymn: #300 *With Heart and Mind*

Offertory: *If you are a new visitor to our gathering, please be our guest and let the plate pass you by. This congregation operates on the monies donated by our members and friends, please give with your hearts.*

Reading/Poem:

"Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative (and creation), there is one elementary truth the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then providence moves too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favour all manner of unforeseen incidents and meetings and material assistance which no man could have dreamed would come his way. Whatever you can do or dream you can do begin it. Boldness has genius, power and magic in it. BEGIN IT NOW!"

- Johann Wolfgang von Goethe

Guest Speaker: ***Charmaine Grace*** – *Preventing Cancer: Live Well, Be Aware*

Hymn: #123 *Spirit of Life*

Closing Words: *Title Unknown by Oriah Mountain Dreamer*

Postlude: Terri Pothier *...continued on back*