

## Dates to Remember...

### September 2019

- Sept. 16 (Mon. 2:00 p.m.) UCN Book Club** – at the home of Karen Stovell, please let her know you are coming. All welcome, no charge. This month's book is *A Gentleman in Moscow*, by Amor Towles.
- Sept. 18 (Wed.) Oct. Newsletter Deadline** – LesLee Turmel
- Sept. 20 (Fri. 7:00 p.m.) UCN Film Night** – This month's film is *Anthropocene: The Human Epoch*.
- Sept. 22 (Sun.) The Art of Letting Go** – Joshua Fields Milburn
- Sept. 22 (Sun. 12:30 after service)** Theme - Based class for adults. This month's topic is *Abundance*. Contact Karen Stovell for more information and to register.
- Sept. 27 (Fri. 6:00 p.m.) UCN Pub Night** – Fresco's Restaurant, 100 Fourth Avenue at Louth St. (Ridley Heights Plaza), St. Catharines. Please note the change in venue. All welcome, just pay the restaurant for whatever you order. This month's topic is *Relationships and Connectedness*
- Sept. 28 (Sat. 5:30 p.m.) UCN Potluck Circle Dinner** - see newsletter
- Sept. 29 (Sun.) Helping Others Makes Us Happier but it Matters How We Do It** - Elizabeth Dunn
- Sept. 29 (Sun. 12:30 p.m.) Discussion group**—Concepts of Soul

### FRAGRANCE-FREE POLICY

The Unitarian Congregation of Niagara is a fragrance-free zone. Fragrance may be distressful and threaten the well-being of those around you. In order to make this a safe and welcoming environment for everyone who comes here, we ask that you refrain from wearing fragrances. Your understanding and co-operation is appreciated.

# Unitarian Congregation of Niagara



## How to Have a Good Conversation

– Celeste Headlee

September 15, 2019

223 Church St., St. Catharines, Ontario  
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Lay Chaplains: **905-687-8433**

[laychaplainsucn@gmail.com](mailto:laychaplainsucn@gmail.com)

Doreen M. Peever      Desmond Sequeira

***Order of Celebration***  
**Sunday, September 15, 2019**

**Service Leader:** Karen Stovell  
**Speaker:** Celeste Headlee  
**Pianist:** Peter Shea

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**Address:** **How to Have a Good Conversation**  
**Discussion and Comments**

Prelude

Hymn: **#1023 Building Bridges (round)**

Welcome

Extinguishing the Chalice: **#680**

Chalice Lighting:

We light this chalice for the light of truth.  
We light this chalice for the warmth of love.  
We light this chalice for the energy of action.  
*Mary Ann Moore*

**Because of those who came before,  
we are;  
in spite of their failings, we  
believe;  
because of, and in spite of the  
horizons of their vision,  
we, too, dream.**

Joys and Concerns

**Let us go remembering to praise,  
to live in the moment,  
to love mightily,  
to bow to the mystery.** *– Barbara Pescan*

Hymn: **#1008 When Our Heart is in  
a Holy Place**

Offering: **#674**

Announcements

Reading: **Being Heard (PowerPoint reflection)**

Postlude  
Please put your chair away if able,  
and join us for refreshments and conversation.